

## Squad Criteria Descriptors

These descriptors are provided as a guide to coaches when considering entry level to the Club for new swimmers and when considering squad progression for current members. They are a guide only and exceptions may apply according to coach reviews. In considering squad entry levels and squad progression, coaches will also consider squad capacity and swimmers will only be able to enter a squad if lane space is available without compromise to other swimmers already established within the squad.

The minimum standard required to be a squad member is only *the minimum*. Reaching these standards does not guarantee acceptance to squads. The achievement of squad standards will be assessed by the coaching staff. Racing times will be used in assessment where appropriate but are considered alongside all other factors. This will include an assessment of skills and potential ability and readiness to complete typical training sets undertaken by the squad. For ALL squads appropriate standards of discipline, attitude, behaviour and attendance (including training and targeted swim meets) are required. These will be also assessed by coaches. If these standards are not met, coaches (in discussion with the Club Committee) have the discretion to move a swimmer to an alternative squad or consider termination of membership (as per the Club Constitution 'cessation of membership').

	Juniors	Bronze	Silver	JDT	Gold	Seniors	SDT
<b>Age guide</b>	7-9 years at entry, up to 10 years as member	11 years & under	10 - 12 years	13 years & under	13 years & over	14 years & over	12 years & over
<b>Available pool sessions per week</b>	6	6	6 (7 total, 6 per swimmer)	4	7	8 (9 total, 8 per swimmer)	6
<b>Expected minimum /range of pool sessions per week*</b>	3 or 4 (nominated)	4 – 5 (5 by invitation)	5 – 6 (6 by invitation)	1-4* must be ≥2 if competitive	6	7	1-6* (6 by invitation) must be ≥3 if competitive
<b>Dryland training sessions</b>	No	2	2	No	2	3 (4 total, 3 per swimmer)	No
<b>Minimum squad standard</b>	skill assessment	Working towards level 2 qualifying times	Working towards level 1 qualifying times	discipline and behaviour	NAGS qualifying times	by invitation only	discipline and behaviour
<b>Targeted major meets</b>	NZ Juniors Auckland Juniors	NZ Juniors Auckland Juniors	NZ Juniors Auckland Juniors	as per qualifying events or non-competitive	NZ Champs (>16 years) NAGS/ DIV II NZ SC Champs	NZ teams NZ Champs, NAGS NZ SC Champs	as per qualifying events or non-competitive

\* for squads with a range in the number of pool sessions offered, swimmers must nominate the number of sessions planned to attend (fees are charged accordingly), which sessions within the weekly timetable will be determined at entry to the squad (i.e. nominated session days and times) and subject to swimmer preference and availability.

Junior and Senior Development and Training squads (JDT, SDT) provide a pathway for (a) those who wish to swim competitively but are not able to commit to weekly session number or not currently achieving the swimming standards of other junior and high-performance squads; (b) those seeking general fitness or fitness for other sports including waterpolo and triathlon; and (c) those who are in transition returning from injury/periods of absence from training.