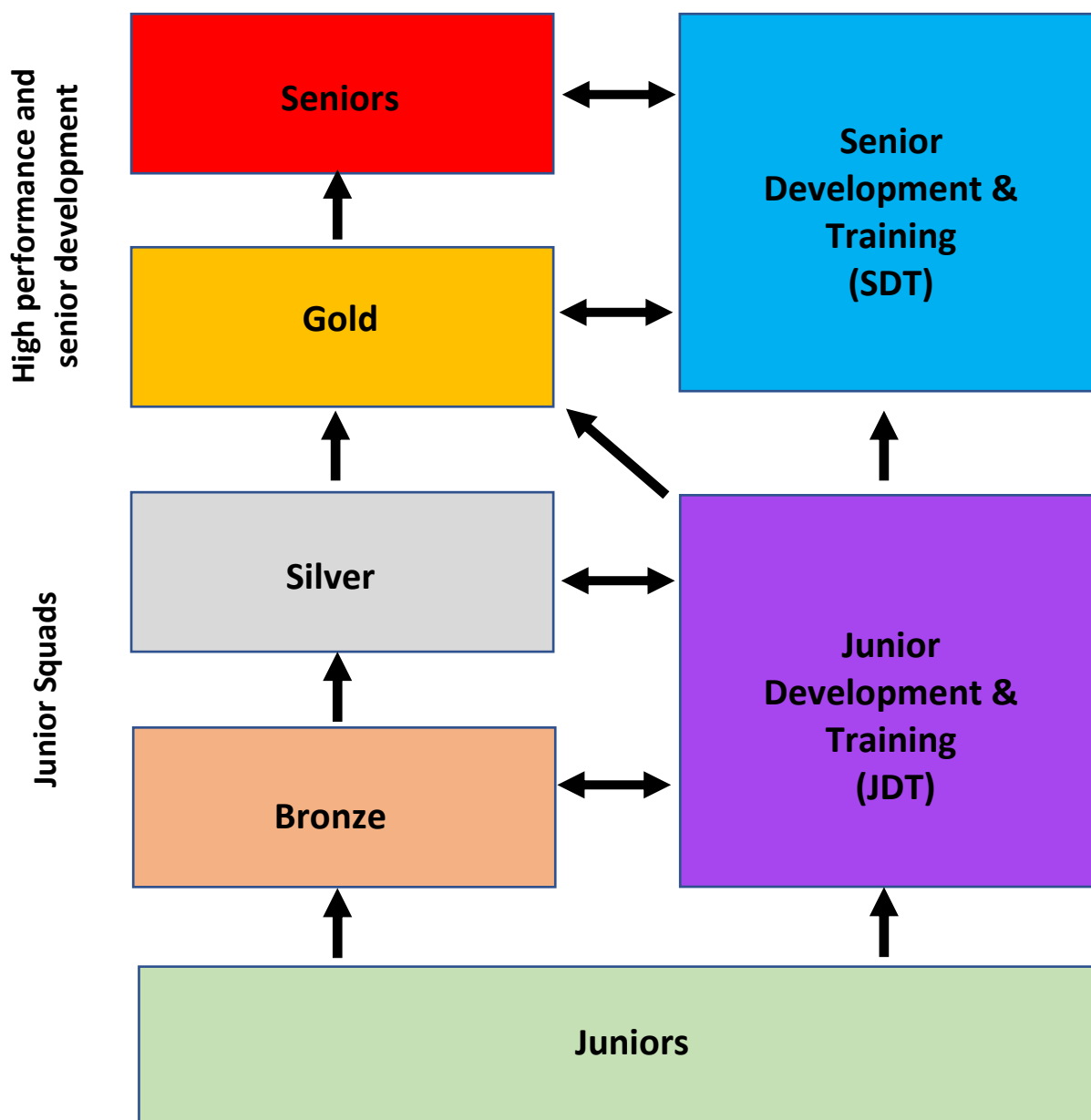


United Club squads and squad pathway changes 2021

These two inter-related pathways have been developed to provide more flexibility in what the Club is able to offer our swimmers and to support our coaches' ability to ensure each squad meets the specific needs of the swimmers within that squad.

- Entry to the Club can be at any level.
- Movement can be in either direction across squads but will usually only be in an upward direction.
- Level of entry and movement between squads will be determined by coaches using the squad criteria descriptors.
- Juniors, Bronze, Silver, Gold and Seniors squads are suited to competitive swimmers.
- Junior Development and Training (JDT), and Senior Development and Training (SDT) squads are suited to both competitive and non-competitive/fitness swimmers.



Squad Criteria Descriptors

These descriptors are provided as a guide to coaches when considering entry level to the Club for new swimmers and when considering squad progression for current members. They are a guide only and exceptions may apply according to coach reviews. In considering squad entry levels and squad progression, coaches will also consider squad capacity and swimmers will only be able to enter a squad if lane space is available without compromise to other swimmers already established within the squad.

The minimum standard required to be a squad member is only *the minimum*. Reaching these standards does not guarantee acceptance to squads. The achievement of squad standards will be assessed by the coaching staff. Racing times will be used in assessment where appropriate, but are considered alongside all other factors. This will include an assessment of skills and potential ability and readiness to complete typical training sets undertaken by the squad. For ALL squads appropriate standards of discipline, attitude, behaviour and attendance (including training and targeted swim meets) are required. These will be also assessed by coaches. If these standards are not met, coaches (in discussion with the Club Committee) have the discretion to move a swimmer to an alternative squad or consider termination of membership (as per the Club Constitution 'cessation of membership').

	Juniors	Bronze	Silver	JDT	Gold	Seniors	SDT
Age guide	7-9 years at entry, up to 10 years as member	11 years & under	10 - 12 years	13 years & under	13 years & over	14 years & over	12 years & over
Available pool sessions per week	6	6	6 (7 total, 6 per swimmer)	4	7	8 (9 total, 8 per swimmer)	5
Expected minimum /range of pool sessions per week*	3 or 4 (nominated)	4 – 5 (5 by invitation)	5 – 6 (6 by invitation)	1-4 (nominated) must be ≥2 if competitive	6	7	1-4 (nominated) must be ≥2 if competitive
Dryland training sessions	No	2	2	No	2	3 (4 total, 3 per swimmer)	No
Minimum squad standard	skill assessment	Working towards level 2 qualifying times	Working towards level 1 qualifying times	discipline and behaviour	NAGS qualifying times	by invitation only	discipline and behaviour
Targeted major meets	NZ Juniors Auckland Juniors	NZ Juniors Auckland Juniors	NZ Juniors Auckland Juniors	as per qualifying events or non-competitive	NZ Champs (>16 years) NAGS/DIV II NZ SC Champs	NZ teams NZ Champs, NAGS NZ SC Champs	as per qualifying events or non-competitive

* for squads with a range in the number of pool sessions offered, swimmers must nominate the number of sessions planned to attend (fees are charged accordingly), which sessions within the weekly timetable will be determined at entry to the squad (i.e. nominated session days and times) and subject to swimmer preference and availability.

Junior and Senior Development and Training squads (JDT, SDT) provide a pathway for (a) those who wish to swim competitively but are not able to commit to minimum weekly session requirements or not currently meeting the entry standards of other junior and high-performance squads; and (b) for general fitness; or fitness for other sports such as waterpolo and triathlon.

Training Fees: Training fees vary for each squad based on the number of sessions per week and the number of training weeks per year and are charged based on a four term year.

- There are approximately 43 weeks training for the Juniors and Bronze squads over a one year period.
- There are approximately 47 weeks for Silver, Gold and Seniors squads over a one year period.
- SDT and JDT have an average of 40 weeks training per year with no training sessions over school holiday periods.
- School holiday training programmes may be offered for Bronze, Juniors, SDT, and JDT squads on a pay-as-you-go weekly arrangement where lane space is available and demand exists.
- Each term may have a different number of training days and weeks depending on when training breaks and public holidays are scheduled (typically there is no training on public holidays unless otherwise notified).