



# Level 3 Swim Meet

Cameron Pool, 53 Arundel St, Mt Roskill  
**Sunday 11th November 2018**

25M Pool x 6 Lanes

Warm up: 2.00pm

Start: 2.30pm

1	100m Free	8	25m Free
2	50m Breast	9	100m Back
3	25m Back	10	25m Breast
4	100m I.M.	11	50m Back
5	50m Free	12	100m Breast
6	25m Fly	13	200m I.M.
7	200m Breast	14	50m Fly
		15	4 x 25m Relay - Free

## MEET CONDITIONS:

- SNZ Rules and local rules apply.
- Age as at day of meet.
- No swimmer may have achieved a Level 1 or 2 time. All times to be (SC) or best (LC) converted to (SC).
- PB ribbons to all who achieve PB's.
- All timed finals, graded scratch, results declared on times.
- "No Times (NT)" entries accepted. Clubs to email a TM zip file with custom times.
- No time trials permitted.
- Swimmers must report to marshalling 6 heats prior to their race.
- Over the top starts and the One Start Rule will apply.
- 200m events top 12 only.
- Late entries \$10.00 per event, only if there is a spare lane and at meet controller's discretion. Heats will not be reseeded.
- No refund on scratching, unless a medical certificate is sighted no later than 48 hours from the end of the meet.
- Clubs to provide: 1 qualified official per 4 swimmers.
- Poolside Officials: ASA will endeavour to obtain the necessary number of officials but the number on poolside may be more or less than the requirement set out in SNZ Rules.
- All participants must agree to comply with the Sports Anti-Doping Regulations.
- **PLEASE NOTE THAT THE ASA TECH SUIT RESTRICTION POLICY APPLIES TO ALL 12/U SWIMMERS.**
  1. This policy applies to all 12/U ASA swimmers and visitors competing at ALL ASA Meets with the exception of ASA Age Groups and ASA Opens.
  2. Swimmers who are unsure if their suit complies are encouraged to take it to the Technical Director for clearance BEFORE the start of the meet/session.
  3. Team Managers/coaches are encouraged to check that their swimmers suits comply BEFORE the start of the meet/session.
- 7 lanes will be used if enough qualified officials are not available.
- Only swimmers, officials, coaches and authorised team managers to be on pool deck.

## Entries \$5.00 per event

Entries to be submitted via SNZ database.

Queries regarding entries must be made via your Club Handicapper only.

Clubs to email officials names by Friday 2<sup>nd</sup> November 2018

Susan Jarvis

Email: [handicapper@swimroskill.co.nz](mailto:handicapper@swimroskill.co.nz)

**ENTRIES CLOSE**  
**on SNZ database**  
**Thursday 1<sup>st</sup> November 2018**

### Health and safety is everyone's responsibility.

Coaches and/or team managers are responsible for their teams and are expected to enforce any rules and regulations of the meet, the facility provider, ASA and SNZ. Prior to entering swimmers, coaches must ensure participants have sufficient skill, experience and an understanding of safety to enter.

Coaches must assess the health of their swimmers prior to, on the day of and during the event and withdraw swimmers who are injured or unwell.

Teams must ensure minimum supervision of 2 adults (coach and team manager) per 12 swimmers entered.

No photography is permitted on pool deck during the swim meet unless prior permission has been obtained from the Roskill Swimming Club committee.