

CENTRAL ZONE LEVEL 3 SWIM MEET



SUNDAY
29.10.17



WARM UP: 8:30AM
START: 9:00AM



**THE CENTENNIAL CENTER FOR
WELLBEING, ST CUTHBERTS
COLLEGE. MARKET RD, EPSOM**

Parking is on the road only.

EVENTS

- | | | |
|-------------------------------------|----------------------------|------------------------------------|
| 1 4x25m Freestyle Relay | 7 4x25m IM Relay | 13 25m Backstroke |
| 2 200m Breaststroke (Top 16) | 8 25m Breaststroke | 14 50m Freestyle |
| 3 50m Backstroke | 9 100m Freestyle | 15 200m Backstroke (Top 16) |
| 4 25m Freestyle | 10 25m Fly | 16 8x25m IM Relay |
| 5 50m Fly | 11 100m Backstroke | |
| 6 100m Breaststroke | 12 50m Breaststroke | |



MEET CONDITIONS

- Meet swum under SNZ and local rules.
- Age as at day of meet.
- All timed finals graded scratch.
- All placing's declared on times.
- All times to be converted to short course.
- "No Times" entries will not be accepted.
- No time trials permitted.
- Late entries \$10 per event, only if there is a spare lane and at controller discretion, heats will not be reseeded.
- Clubs to supply 1 time keeper or IOT per 4 swimmers to a max of 4 unless requested before the meet for more.
- No swimmers may have achieved a level 1 or level 2 time.
- Refunds only on the sighting of a medical certificate within 48 hours of the end of the meet.
- Swimmers must report to marshalling 6 heats before their races.
- ASA will endeavor to obtain the necessary number of officials but the number on poolside may be more or less than required as set out in SNZ rules.
- All participants must agree to comply with the Sports Anti-doping rules.
- Ribbons awarded for each heat on day or posted out.
- Entries \$5.00 per individual event.

ENTRIES CLOSE
5pm Saturday 21 October 2017

Email to Sarah Stewart
entries@parnellswimclub.co.nz