

## SENIOR SQUAD

*Changes to normal timetable shown in red*

**Week One: 10<sup>th</sup>-15<sup>th</sup> July**

|                  | 10 <sup>th</sup> July<br>Monday | 11 <sup>th</sup> July<br>Tuesday | 12 <sup>th</sup> July<br>Wednesday | 13 <sup>th</sup> July<br>Thursday | 14 <sup>th</sup> Jul<br>Friday | 15 <sup>th</sup> July<br>Saturday |
|------------------|---------------------------------|----------------------------------|------------------------------------|-----------------------------------|--------------------------------|-----------------------------------|
| <b>Morning</b>   | 7-8;30<br>EGGS                  | 7-8;30<br>EGGS                   |                                    | 7-8;30<br>EGGS                    | 7-8;30<br>EGGS                 | CANCEL                            |
| <b>Dryland</b>   | NO                              | YES                              |                                    | YES                               | NO                             |                                   |
| <b>Afternoon</b> | 5.30-7.00<br>EGGS               | 6.15-7.45<br>Newmarket           | 5-6;30<br>EGGS                     | 6.15-7.45<br>Newmarket            | CANCEL                         |                                   |

**Week Two: 17<sup>th</sup>- 22<sup>nd</sup> July**

|                  | 17 <sup>th</sup> July<br>Monday | 18 <sup>th</sup> July<br>Tuesday | 19 <sup>th</sup> July<br>Wednesday | 20 <sup>th</sup> July<br>Thursday | 21 <sup>st</sup> July<br>Friday | 22 <sup>nd</sup> July<br>Saturday |
|------------------|---------------------------------|----------------------------------|------------------------------------|-----------------------------------|---------------------------------|-----------------------------------|
| <b>Morning</b>   | 7-8;30<br>EGGS                  | 7-8;30<br>EGGS                   |                                    | 7-8;30<br>EGGS                    | 7-8.30<br>EGGS                  | CANCEL                            |
| <b>Dryland</b>   | NO                              | NO                               |                                    | NO                                | NO                              |                                   |
| <b>Afternoon</b> | 5.30-7.00<br>EGGS               | 6.15-7.45<br>Newmarket           | 5-6.30<br>EGGS                     | 6.15-7.45<br>Newmarket            | CANCEL                          |                                   |

## Platinum Extra, Platinum, Gold, Silver, Bronze and Mini Bronze

**Weeks One and Two 10<sup>th</sup>-15<sup>th</sup> JULY, 17<sup>th</sup>- 22<sup>nd</sup> JULY**

| PLATINUM EXTRA and PLATINUM |                 |                   |                 |                   |                |          |
|-----------------------------|-----------------|-------------------|-----------------|-------------------|----------------|----------|
|                             | Monday          | Tuesday           | Wednesday       | Thursday          | Friday         | Saturday |
| <b>Morning</b>              |                 |                   | 7-8;30<br>EGGS  |                   | 7-8.30<br>EGGS | CANCEL   |
| <b>Dryland</b>              | NO              | NO                | NO              | NO                |                |          |
| <b>Afternoon</b>            | 6.30-8.00<br>NM | 5.30-7.00<br>EGGS | 6.30-8.00<br>NM | 5.30-7.00<br>EGGS |                |          |

| GOLD             |                 |                   |                 |                   |                |          |
|------------------|-----------------|-------------------|-----------------|-------------------|----------------|----------|
|                  | Monday          | Tuesday           | Wednesday       | Thursday          | Friday         | Saturday |
| <b>Morning</b>   |                 |                   | 7-8;30<br>EGGS  |                   | 7-8.30<br>EGGS | CANCEL   |
| <b>Dryland</b>   | NO              | NO                | NO              | NO                |                |          |
| <b>Afternoon</b> | 6.30-8.00<br>NM | 5.30-7.00<br>EGGS | 6.30-8.00<br>NM | 5.30-7.00<br>EGGS |                |          |

| SILVER           |                   |                   |                   |                   |                |          |
|------------------|-------------------|-------------------|-------------------|-------------------|----------------|----------|
|                  | Monday            | Tuesday           | Wednesday         | Thursday          | Friday         | Saturday |
| <b>Morning</b>   |                   |                   |                   |                   | 7-8.30<br>EGGS | CANCEL   |
| <b>Dryland</b>   | No                | NO                | NO                | NO                | NO             |          |
| <b>Afternoon</b> | 4.00-5.30<br>EGGS | 4.00-5.30<br>EGGS | 3.30-5.00<br>EGGS | 4.00-5.30<br>EGGS | CANCEL         |          |

| BRONZE and MINI BRONZE |                   |                   |                   |                   |                |          |
|------------------------|-------------------|-------------------|-------------------|-------------------|----------------|----------|
|                        | Monday            | Tuesday           | Wednesday         | Thursday          | Friday         | Saturday |
| <b>Morning</b>         |                   |                   |                   |                   | 7-8.30<br>EGGS | CANCEL   |
| <b>Dryland</b>         | NO                | NO                | NO                | NO                | NO             |          |
| <b>Afternoon</b>       | 4.00-5.30<br>EGGS | 4.00-5.30<br>EGGS | 3.30-5.00<br>EGGS | 4.00-5.30<br>EGGS | CANCEL         |          |