

April Holiday Timetable		SENIOR	GOLD	SILVER & BRONZE		
Thursday, 12 April	AM PM	5.30-7.00am EGGS 5.30-6.00pm stretching NM 6.15-7.45pm swim NM	Normal timetable	Normal timetable	Thursday, 12 April	AM PM
Friday, 13 April	AM PM	no training 5.15-5.45pm stretching NM 6.00-7.30pm swim NM			Friday, 13 April	AM PM
Saturday, 14 April Sunday, 15 April	AM	6.00-7.30am EGGS no training			Saturday, 14 April Sunday, 15 April	AM
Monday, 16 April	AM PM	7.30 - 8:30am EGGS 6:00- 7:00pm EGGS	no training 5.30-6.00 stretching NM 6.15-7.15 swim NM	no training 4.30-6.00pm EGGS	Monday, 16 April	AM PM
Tuesday, 17 April	AM PM	NAGS - no training	NAGS - no training Swimmers not at NAGS can join the Silver and Bronze squad trainings	7.00-8.30am EGGS 4.30-6.00pm EGGS	Tuesday, 17 April	AM PM
Wednesday, 18 April	AM PM			7.00-8.30am EGGS 4.30-6.00pm EGGS	Wednesday, 18 April	AM PM
Thursday, 19 April	AM PM			7.00-8.30am EGGS 4.30-6.00pm EGGS	Thursday, 19 April	AM PM
Friday, 20 April	AM PM			7.00-8.30am EGGS no training	Friday, 20 April	AM PM
Saturday, 21 April Sunday, 22 April				no training	Saturday, 21 April Sunday, 22 April	
Monday, 23 April	AM PM			Break - no training	Break - no training Swimmers that did not attend NAGS can train with Silver and Bronze	7.00-8.30am EGGS 4.30-6.00pm EGGS
Tuesday, 24 April	AM PM	7.00-8.30am EGGS 4.30-6.00pm EGGS	Tuesday, 24 April			AM PM
Wednesday, 25 April	AM PM	no training 4.30-6.00pm EGGS	Wednesday, 25 April			AM PM
Thursday, 26 April	AM PM	7.00-8.30am EGGS 4.30-6.00pm EGGS	Thursday, 26 April			AM PM
Friday, 27 April	AM PM	7.00-8.30am EGGS no training	Friday, 27 April			AM PM
Saturday, 28 April Sunday, 29 April		no training	Saturday, 28 April Sunday, 29 April			
Monday, 30 April		Normal timetable resumes			Monday, 30 April	

Note: Swimmers from the Silver and Bronze squads can attend all the sessions over the holiday period (16-27 April) - sessions in additional to the number permitted under the normal training fee will be charged at \$15 per additional session